

## TROOP 124 WEEKEND BACKPACK EQUIPMENT LIST

(Read Chapters 8 & 9 in your Scout Handbook)

| <i>Wear and Carry on Belt or in Pockets</i>           |                      | <i>These are shared items which will be divided up and carried by all members.</i>   |
|---|----------------------|--|
| socks, wool, hiking                                   |                      |  |
| socks, inner (liner), polypropylene                   |                      | Patrol food for the weekend  |
| hiking boots  |                      | stove(s) and extra fuel  |
| hiking shorts, long pants or convertible              |                      | dining fly and nylon cord  |
| - (zipper legged) pants. (weather determines)         |                      | cooking utensils and pot gripper   |
| hat, brimmed  |                      | First Aid kit  |
| Scout knife or Leatherman style tool                  |                      | water filter pump and/or Potable Aqua tablets  |
| sturdy long sleeved shirt                             |                      | biodegradable dish soap  |
| bandanna or handkerchief                              |                      | dish brush   |
| Band-aids   |                      | dunk bag(s)  |
| TAKE-A-WALK KIT                                       |                      | garbage sacks  |
|   |                      | light frying pan, if needed  |
|   | <i>In your pack:</i> | maps of hiking trail   |
| extra wool hiking socks, 1 pair                       |                      |  |
| extra liner socks, 1 pair                             |                      | <i>Optional Items:</i>   |
| 1 set underwear                                       |                      | hiking stave or trek poles   |
| light wool or fleece shirt or sweater                 |                      | sun glasses  |
| jacket  |                      | strap for glasses  |
| poncho or rain coat, & possibly rain pants            |                      | antibacterial wipes, travel packet sized   |
| sleeping bag in waterproof stuff sack                 |                      | seasonings for food  |
| sleeping pad or mattress                              |                      | watch with alarm   |
| pack cover  |                      | fleece vest (polypropylene)  |
| sack lunch and drink                                  |                      | backpacking stool  |
| tent - split load with partner: one carries poles     |                      | in-camp shoes  |
| - and tent. The other-stakes,rain fly, & ground sheet |                      | sleeping cap, night clothes  |
| eating utensils, usually just a spoon                 |                      |  |
| plastic bowl  |                      | This list may not contain certain items you may personally require. Remember, all extras you bring will be carried by you. |
| plastic or metal (bimetal) cup                        |                      |  |
| toothbrush & small toothpaste                         |                      |  |
| trail snacks  |                      |  |
| toilet paper in a plastic bag - not a new roll        |                      | <b>No electronic entertainment items are taken on any outings.</b>   |
| at least 10 feet of 1/8 inch nylon cord               |                      |  |
| FULL water bottle or hydration system                 |                      | REMEMBER:  |
| small flashlight or headlamp with new batteries       | * *                  | <i>Bring clothing appropriate for expected or possible weather.</i>  |
| extra bulb & batteries for light                      |                      |  |
| "Potable Aqua" water purification tablets             | * *                  | <i>Wool and polypropylene are always better than cotton in wet weather.</i>  |
| cook pot (#10 sized can with wire bale)               |                      |  |
| personal medications ( TELL ADULT LEADERS)            | * *                  | <i>Use plastic bags to protect gear from rain.</i>   |
| small soap & small hand towel                         |                      |  |
| blister & foot care supplies                          | !!!                  | <b>DO NOT USE THIS LIST FOR SNOW OUTINGS.</b>  |
| insect repellent                                      |                      |  |
| sun block SPF 15 or higher                            |                      |  |
|   |                      |  |
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