

“TAKE-A-WALK” KIT
TROOP 124
SUNSET TRAIL DISTRICT
CASCADE PACIFIC COUNCIL, B.S.A.

This kit is essential for each scout and active scouter in our troop. Its purpose is to help you survive in a situation caused by an emergency or by an error on your part (you’re lost). It seems like hunters, fishermen, and scouts generally get themselves into trouble in the wilderness when they decide to just “take a walk.” Hence, the name for our kit.

Carry most of the following items in a strong nylon pouch which can be attached to your belt, or wear a fanny pack. It stays attached to you on all outings. Some items can be in your pockets. Included should be:

- ___ Scout knife, or Leatherman style tool , (Folding knives only - main blade approximately 3 inches long.)
- ___ compass
- ___ map of your activity area
- ___ wooden matches in waterproof containers
- ___ fire starter - small candle or paraffin soaked cloth squares
- ___ personal first aid kit with extra bandages
- ___ small extra flashlight with fresh batteries
- ___ energy bar(s)
- ___ survival blanket or plastic lawn/leaf bags
- ___ plastic whistle for calling rescuers

OTHER ITEMS YOU MAY WANT TO CARRY

- ___ plastic butane lighter
- ___ metal mirror for signaling rescuers
- ___ bee sting kit, if you’re allergic (TELL ADULT LEADERS)
- ___ asthma inhaler / medication if needed (TELL ADULT LEADERS)
- ___ sun protection - at least 15 SPF
- ___ pencil and small pad for emergency notes
- ___ 10’ of nylon cord
- ___ “Potable Aqua” water purification tablets
- ___ small cup or aluminum foil to make a drinking cup
- ___ Add other items you find necessary for survival

Some of these items are used regularly on outings. Your kit comes in handy for carrying them. NOW... **DON’T GET LOST! USE YOUR HEAD AND THE BUDDY SYSTEM!**